



COST FREE FUNDRAISING SINCE 2012: £612k RAISED IN DONATIONS

Dear Fundraising Team

WHO WE ARE:

Legacy 300 is an athlete led purpose movement which since 2012 has as of 11/11/2023 raised over £600K in direct donations to good causes through the staging of experience days, hosted by GB Olympic Gold Medallists. The project is detailed on www.legacy300.com/about-us and the photo albums of www.facebook.com/legacy300.

AUCTION: COST FREE / RISK FREE FUNDRAISING: HOW IT WORKS:

In the first eleven years of delivering [Legacy 300](#), experience days good causes have received **£612** in direct donations from participants on limited edition individual and team challenge Athlete Experiences they have placed in their auction platforms.

- There is no initial outlay required just cut and paste the experience text and images onto your auction platform.
- For every winning bidder Legacy 300 require a fixed price per person to deliver the event "Entry Fee".
- **You only forward entry fees to us once you have received them. from participants. Everything received above our entry fee goes to you the good cause.** We have given some suggested minimum reserve prices for you to carry forward.
- Simply provide us the contact details and we deliver the experience for them on the date for them.
- The details of the experiences to cut and paste follows in this brochure.

BEAT THE MEDALLIST © INCENTIVISING SECONDARY FUNDRAISING:

- We are adding FUNDRAISING CHALLENGES to each event making these experiences unique auction items giving you a potential secondary dividend.
- The host Athlete will establish a time / target on the day for people to try and surpass.
- In addition to any contribution made above and beyond the entry fee by the participant they can encourage friends, family, and colleagues to support them in their quest to Beat the Medallist.
- The first events saw this range from £265-£655 in extra donations on top of what was raised at auction.
- Fundraising will GENERATE BONUSES, giving people the chance to Beat the Medallist.
- This will be by donation page.
- **If using these solely as challenge events we have a separate brochure, please contact us.**

Kind Regards

David Cotton

LEGACY 300 / One Sporting World / Homecoming / Beat the Medallists / #Team Games

INDEX: HOMECOMING: ENGAING CORPORATE SUPPORTERS UNIQUE TEAM BUILDING PACKAGES

PAGE 3-5: If you are looking for an impactful **auction item** / direct selling for your corporate supporters see. There is an additional SME Packages and also a Cycling Brochure, which can be forwarded on request.

INDEX OF INDIVIDUAL EXPERIENCES:

PAGE 2: The Ultimate Olympic Experience. **PAGE 7:** Track Cycling. **PAGE 8:** Road Cycling. **PAGE 8:** Platinum VIP Cycling **PAGE 9:** Rowing / Hockey **PAGE 10:** Rafting / Cricket

INDEX OF EXCLUSIVE GROUP / CORPORATE EXPERIENCES

PAGE 11 -13: Exclusive Group Experiences **PAGE 11:** Rowing **PAGE 12:** Rafting **PAGE 13:** Cycling **PAGE 14 -15** Corporate Team Competitions **PAGE 16:** Cricket, Netball, Football **PAGE 17** Rowing, Cycling, BV.

CHOOSE YOUR ULTIMATE OLYMPIC EXPERIENCE

- **One listing to cover most sporting interests**, which takes away the guessing element from choosing which experience MIGHT work at your auction.
- At our end we have worked back from the cost of number one and fitted in the other experiences to that price. (Rowing is now two sessions rather than one).
- Obviously, you can continue to list experiences separately and in desired multiples via the listings in this brochure.
- Possibly the respective bidders on the night maybe after different experiences, enabling you to bank multiple sales. There is the need at your end to make that possible.
- You can sell as many as you want in each separate experience (fixed price always work).
- As since 2012 you are only passing on entry fees for those sold, along with contact details of the winning bidder.

Each separate experience package costs £650 plus VAT

CHOOSE YOUR ULTIMATE OLYMPIC EXPERIENCE

Paris 2024 will once again bring forth new sporting heroes and this is your chance for you, your colleagues or loved ones to enjoy VIP Experiences hosted by the GB Athletes looking to bring medal success to the country. You can bid today on your **own choice** of a unique shared VIP experience, where your group gets to participate in sporting activity with the GB Athletes and fellow participants, listen to and question the Athletes on their careers and go home with seized photo opportunities and signed personal souvenirs. Each activity has an amazing opportunity to take on the Athlete and your group in a Beat the Medallist challenge. All equipment is provided, spectators are welcome and is open for ages 12+. Unless stated these will be midweek events and as the last 12 years delivered on various dates for you to choose from in the Spring and Autumn of each year.

You can **choose one** from the following experience days all hosted by GB Gold Medallists

1. **PREMIUM VIP CYCLING (TWO PEOPLE)** Olympic Velodrome: A four-hour experience at the indoor track, involves two cycling sessions a flying lap contest followed after a Q and A by a Pursuit competition.
2. **VIP ROAD CYCLING (FOUR PEOPLE)** Olympic Park: A 150-minute experience with ride out alongside the GB Athlete and a one-mile time trial competition followed by Medal Ceremony and indoor Q and A
3. **VIP ROWING (THREE PEOPLE)** Henley on Thames: A four-hour Sunday afternoon of rowing and chats with the GB Rowers, two trips on the water each time with a GB Rower in your boat.
4. **WHITE WATER RAFTING (FOUR PEOPLE)** Lee Valley White Water: Friday / Sunday afternoons hosted by a GB Slalom Canoe gold medallist, who after a chat will send you off for 90 minutes of whitewater FUN.
5. **SEND YOUR KIDS/PARTNERS TEAM TO MEET GB HOCKEY PLAYERS (11 PEOPLE)** Lee Valley Hockey: A Sunday afternoon hosted by GB Hockey players, training, challenges, chats and great personal souvenirs.
6. **BEAT THE PRO CRICKET CHALLENGE (SIX PEOPLE)** Various locations A midweek evening Indoor virtual cricket challenge celebrating cricket's re-entry into the Olympics try and beat the runs total set by the host pro, hospitality and Q and A. Please note alcohol will be served at this event.

When bidding please state the number of the experience being bid on.

NEW FOR 2024: AN AMAZING CORPORATE EXPERIENCE

Paris 2024 Homecoming : Cycling and Team Building Package

BEAT THE MEDALLIST: PARIS 2024 HOMECOMING TEAM BUILDING SOCIAL
HOSTED BY GB MEDAL WINNERS
LEE VALLEY VELO PARK / OLYMPIC PARK
THURSDAY 19th SEPTEMBER 2024

This is a unique team building / away day package, especially for the Cycling fans here who get to indulge their passion but can justify the company expenditure by bringing along colleagues to take part in a series of fun sporting and non-sporting team building activities, whilst you enjoy, guilt free, your VIP Cycling package.

Paris 2024 will once again bring forth new sporting heroes and this is your chance for you, your clients and colleagues to take part in a once in a lifetime charity event and get to meet with, and uniquely compete against, the GB Medallists. **Whilst four of you will be taking part in Track and Road Cycling challenges hosted by medal winning GB Cyclists**, other GB Athletes will be hosting a variety of indoor and outdoor challenges for 20 of your colleagues to compete in an overall Team Prize. (Extra numbers can be added post auction at cost of £100 per person).

The five-hour experience will see your group get to participate in sporting activities with the GB Athletes, take part in fun inflatable and puzzle challenges listen to and question the Athletes on their careers and go home with seized photo opportunities and signed personal souvenirs. Each activity has an amazing opportunity to take on the Athlete in a Beat the Medallist challenge, your bid today generates bonuses to help you in that task. Each activity (including the cycling) all count towards the days overall Corporate Trophies (Team and Individual).

Your group will have your own hospitality and networking zone, which the GB medal winners will attend in rotation throughout the afternoon. The attending athletes will be announced in September, but will be drawn from the Cycling, Rowing, Canoeing squads and other athlete members of the Legacy 300 social impact project.

Your prize package includes:

PREMIUM VIP CYCLING (FOUR PEOPLE)

Olympic Velodrome: A four-hour experience involves two cycling sessions a flying lap contest, a Q and A and a Road Time Trial competition where you compete against your group and the GB Medallist.

BEAT THE MEDALLIST CHALLENGES: (TWENTY PEOPLE PLUS THE FOUR CYCLISTS)

Velodrome and Park: Can you beat the times and targets set by the GB Athletes Rowing Machine and outdoor Virtual Shooting: Hockey.

TEAM BUILDING CHALLENGES AND PUZZLES (TWENTY PEOPLE PLUS THE FOUR CYCLISTS)

Six different point scoring fun games and puzzles to help your team win the days Team Event prize.

ATHLETE Q AND A'S AND PHOTO ZONES (ALL)

The chance to learn the behind-the-scenes stories of Paris 2024 from the medal winners themselves.

HOSPITALITY AND NETWORKING ZONE (ALL)

Afternoon tea. You can add additional hospitality if required.

This is a date specific event, please check before bidding but the prize can be transferred free of charge up to a month before the event.

Each GROUP package ENTRY fee £5000 plus VAT

(Post auction: Companies can purchase extra team building places at £100 per person, extra cycling places in groups of four £3000).

NEW FOR 2024: AN AMAZING CORPORATE EXPERIENCE

Paris 2024 Homecoming : Rafting and Team Building Package

BEAT THE MEDALLISTS PARIS 2024 HOMECOMING PARTY
HOSTED BY GB MEDAL WINNERS
LEE VALLEY WHITE WATER CENTRE
THURSDAY 26^h SEPTEMBER 2024 1PM to 6PM
UNIQUE RAFTING AND CORPORATE TEAMBUILDING EVENT

Paris 2024 will once again bring forth new sporting heroes and this is your chance for you, clients and your colleagues to take part in a once in a lifetime charity event and get to meet with and uniquely compete against the GB Medallists. Whilst **NINE** of you will be taking part in rafting challenges hosted by medal winning GB Canoeists, other GB Athletes will be hosting a variety of water and non-water challenges for 20 of your colleagues to compete in an overall Team Prize

The afternoon experience will see your group get to participate in sporting activities with the GB Athletes, take part in fun inflatable water challenges and on land puzzle challenges, listen to and question the Athletes on their careers and go home with seized photo opportunities and signed personal souvenirs. Each activity has an amazing opportunity to take on the Athlete and your group in a Beat the Medallist challenge which can be used by the company to fundraise for your chosen good cause. You will have your own hospitality and networking zone which the GB medal winners will attend in rotation. The attending athletes will be announced in September, but will be drawn from the Cycling, Rowing, Canoeing squads and other GB athletes.

All equipment is provided, just bring towel and swimmers.

Your package includes;

PREMIUM VIP RAFTING (NINE PEOPLE)

Olympic WhiteWater Course: The afternoon long experience involves a 90-minute white water session a flying lap contest and a Q and A with the Paris 2024 athletes. You will be one of six rafts involved in the flying lap contest.

BEAT THE MEDALLIST CHALLENGES: (TWENTY PEOPLE PLUS RAFTERS)

White Water Centre: Can you beat the times and targets set by the GB Athletes: **Rowing Machine** and outdoor **Virtual Shooting**:

TEAM BUILDING CHALLENGES AND PUZZLES (TWENTY PEOPLE PLUS RAFTERS)

On water and non-water. Six different point scoring fun games and puzzles to help your team win the days Team Event prize.

ATHLETE Q AND A'S AND PHOTO ZONES (ALL)

The chance to learn the behind-the-scenes stories of Paris 2024 from the medal winners themselves.

YOUR OWN EXCLUSIVE HOSPITALITY AND NETWORKING ZONE (ALL)

Afternoon tea. You can access additional hospitality if required.

This is a date specific event, please check before bidding but the prize can be transferred free of charge up to a month before the event.

Each GROUP package ENTRY fee £3000 plus VAT Nine Rafters and Twenty Guests

(Post auction: Companies can purchase extra team building places at £100 per person, extra RAFTS in groups of nine £1200).

NEW FOR 2024: AN AMAZING CORPORATE EXPERIENCE

Paris 2024 Homecoming : Rowing and Team Building Package

BEAT THE MEDALLISTS PARIS 2024 HOMECOMING PARTY
HOSTED BY GB MEDAL WINNERS @ UPPER THAMES ROWING CLUB
FRIDAY 20th SEPTEMBER 2024 1PM to 6PM
UNIQUE ROWING AND CORPORATE TEAMBUILDING EVENT

Paris 2024 will once again bring forth new sporting heroes and this is your chance for you, clients and your colleagues to take part in a once in a lifetime charity event and get to meet with and uniquely compete against the GB Medallists. Whilst **SIX** of you will be taking part in on water rowing challenges hosted by medal winning GB Rowers, other GB Athletes will be hosting a variety of riverbank challenges for 20 of your colleagues to compete in an overall Team Prize

The afternoon experience will see your group get to participate in sporting activities with the GB Athletes, take part in fun sporting challenges and on land puzzle challenges, listen to and question the Athletes on their careers and go home with seized photo opportunities and signed personal souvenirs.

Each activity has an amazing opportunity to take on the Athlete and your group in a Beat the Medallist challenge which can be used by the company to fundraise for your chosen good cause. You will have your own hospitality and networking zone which the GB medal winners will attend in rotation. The attending athletes will be announced in September, but will be drawn from the Cycling, Rowing, Canoeing squads and other GB athletes.

All equipment is provided, just bring towel.

Your package includes:

PREMIUM VIP ROWING (SIX PEOPLE)

The afternoon long experience involves a 40-minute rowing session three of you in boat with a GB Rower, a flying sprint contest and a Q and A with the Paris 2024 athletes. You will be one of 12 quads involved in the flying lap contest during the afternoon.

BEAT THE MEDALLIST CHALLENGES: (TWENTY PEOPLE PLUS ROWERS)

Can you beat the times and targets set by the GB Athletes: **Rowing Machine Challenge** and outdoor **Virtual Shooting**:

TEAM BUILDING CHALLENGES AND PUZZLES (TWENTY PEOPLE PLUS ROWERS)

Six different point scoring fun games and puzzles to help your team win the days Team Event prize.

ATHLETE Q AND A'S AND PHOTO ZONES (ALL)

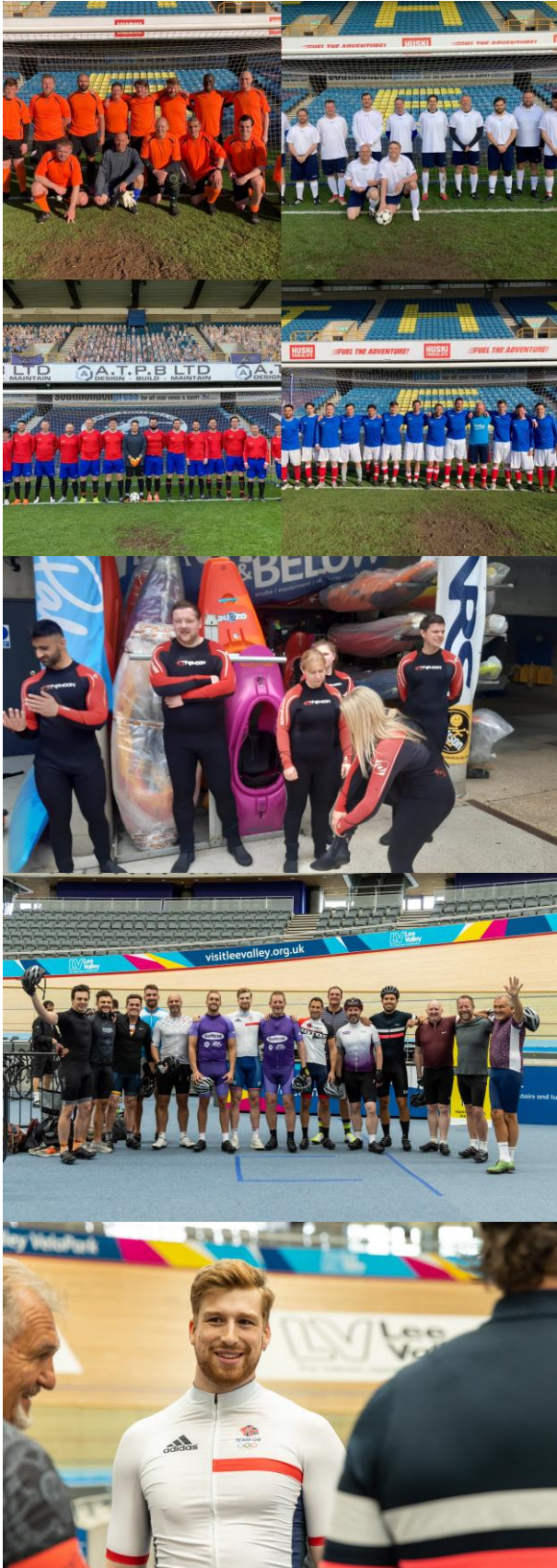
The chance to learn the behind-the-scenes stories of Paris 2024 from the medal winners themselves.

YOUR OWN EXCLUSIVE HOSPITALITY AND NETWORKING ZONE (ALL)

Afternoon tea. You can access additional hospitality if required.

This is a date specific event, please check before bidding but the prize can be transferred free of charge up to a month before the event.

Each GROUP package ENTRY fee £3000 plus VAT Six Rowers and Twenty Event Guests



CREATE YOUR OWN CHARITY EVENTS VIA AUCTION

- No cost
- No risk
- No obligation on numbers (shared experience days).
- No additional event workload

INDIVIDUALS:

Our planned shared experience days, which have run since 2012, give you the chance for you to create VIP hosted sports events from your planned auction.

CORPORATES:

Naturally competitive in business you can create Industry / Sector / Charity themed competitions, as you ask those present to represent or put forward their best Cyclists, Footballers, Cricketers etc to do battle where additional fundraising for you gives them sporting advantages.

FIXED PRICE ENTRY FEE

Using a fixed price BUY NOW auction has always worked well live as you get everyone in the room wishing to do the event, this proposal gives you a dividend through the auction, it will also through our patented sporting rewards format encourage participants to generate further fundraising from colleagues, friends and family as they seek a competitive edge in the championships.

Example TRACK CYCLING CHAMPIONSHIP 2024

Recommended selling price £430+VAT per person

- Participants to buy places from the auction.
- Mailout / Social media posts to Corporates attending the event can promote this pre auction.
- Cost to you for each place sold is £230+ VAT / Charge supporters at your discretion (see secondary fundraising) only buy entries when sold.
- We can take up to 16 people for any session and can run your own championships with whatever entries we receive.

THREE COMPETITIONS WITHIN THE SESSION. Each participants Flying Lap will give them the chance to win...

- Individual
- Corporate Team (Two best times per corporate)
- Beat the Medallist (Head to Head with the GB Gold Medallist).

The last two competitions will see time off bonuses linked to how

For further information and other innovative (risk free suggestions) visit

www.legacy30.com/blog

SECTION ONE: INSPIRING INDIVIDUAL SHARED EXPERIENCES AND DAUNTING CHALLENGES



CAN YOU BEAT THE GB MEDALLIST? VIP TRACK CYCLING CHALLENGE

EXPERIENCE DAY Hosted by a GB Gold Medal Winning Track Cyclist.

Venue: London: Lee Valley Velo Park :

Date Spring 2024 / Autumn 2024

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
20 th March 2024	Lee Valley Velo Park London	£275	£400
9 th May 2024	Lee Valley Velo Park London	£275	£400
3 rd October 2024	Lee Valley Velo Park London	£275	£400
9 th November 2024	Lee Valley Velo Park London	£275	£400

Other dates added subject to demand.

BEAT THE MEDALLIST? VIP TRACK CYCLING CHALLENGE

EXPERIENCE DAY Hosted by a GB Gold Medal Winning Track Cyclist.

*In this Olympic year, whether you have previously ridden this iconic Velodrome, no velodrome cycling challenge quite matches Beat the Medallist. Your unique chance to race against the time set by a GB Gold Medallist. Your experience lasts three hours with all equipment provided, you get an intensive training session under the guidance of the expert coaches and the 75 minute track session culminates in a fun competition, and your unique chance to beat the time set on the day by the host Gold Medallist. Your own 250 metre dash for glory generates your name on the Olympic scoreboards your bid today **gives you time bonuses to help Beat the Medallist.***

Wherever you finish, you get a medal placed around your neck by an actual Gold Medallist and a photo signed by the athlete capturing that once in a lifetime moment. The session culminates in a Q and A with the host medal winner. This is an ideal gift for the cycling lover in your life, or teambuilding for groups up to 16 per session. Your donation tonight will give you your initial time bonuses, pre-event you can even get friends and family to further help your attempt to Beat the Medallist.

Expected hosts in 2024 include Emma Finucane, Jack Carlin, Matt Walls and other members of the GB Squad aiming for Paris 2024 each detailing with candour the highs and lows of professional sport as you enjoy the buffet. Everyone goes home with exclusive event medals and signed memorabilia from the host athlete plus professional photos to give you an awesome social media timeline.

PROMO VIDEO to be played at Auction or on social media <https://vimeo.com/330031643>

PLEASE SEE PAGE 4 AS THIS CAN BE USED IN A BUNDLE OF CYCLING OPTIONS TO MAXIMISE YOUR AUCTION RETURN



BEAT THE MEDALLISTS: ROAD CYCLING AND TIME TRIAL VIP CYCLING CHALLENGE

EXPERIENCE DAY Hosted by GB Cycling Medallist

Venue: Lee Valley Velo Park

Time: Afternoon 12pm onwards Spring 2024 / Autumn 2024

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Spring 2024	Lee Valley Velo Park:	£180	£270
Autumn 2024	Lee Valley Velo Park:	£180	£270

A ride out across the Olympic Park in the company of a GB Gold Medallist as part of a group of 16, then after this warm-up and a few coaching tips we get a time trial competition up and running, with the medallist setting a time to beat. Wherever you finish, you get a medal placed around your neck by an actual Gold Medallist and a photo signed by the athlete capturing that once in a lifetime moment. The session culminates in a Q and A with the host medal winner. This is an ideal gift for the cycling lover in your life, or teambuilding for groups' up to 16 per session. Your donation tonight will give you your initial time bonuses, pre-event you can even get friends and family to further help your attempt to Beat the Medallist. Expected hosts in 2024 include World Champions Emma Finucane and Will Tidball, Joe Truman, Charlie Tanfield, and other members of the GB Squad each detailing with candour the highs and lows of professional sport as you enjoy the buffet. Everyone goes home with exclusive event medals and signed memorabilia from the host athlete plus professional photos to give you an awesome social media timeline.



BEAT THE MEDALLISTS: PLATINUM VIP CYCLING CHALLENGE

TRACK : Q AND A : ROAD OR AUSSIE SCRAMBLE

EXPERIENCE DAY Hosted by GB Cycling Medallist

Venue: Lee Valley Velo Park Time: Afternoon 12pm onwards

TRACK / Q AND A / ADVANCED TRACK OR ROAD

- 1st Session Track Cycling Flying Lap
- 2nd Session Q and A with Host Athlete for rest
- 3rd Session Team Track Pursuit / Aussie Scramble OR Road Circuit

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Spring 2024	Lee Valley Velo Park:	£380	£540
Autumn 2024	Lee Valley Velo Park:	£380	£540

An extended VIP afternoon with the GB Gold Medallist which adds another cycling session to the VIP Experience. In this Olympic year, whether you have previously ridden this iconic Velodrome, no velodrome cycling challenge quite matches Beat the Medallist. Your unique chance to race against the time set by a GB Gold Medallist on the Track and if chosen, the Road. Your experience lasts just under five hours with all equipment provided, you get an intensive training session under the guidance of the expert coaches and the 75 minute cycling sessions culminate in a fun competition, including your unique chance to beat the time set on the day by the host Gold Medallist. Fundraising through your own personal donation page affords you the bonuses to help Beat the Medallist.

Your own 250 metre dash for glory generates your name on the Olympic scoreboards. After the medal ceremony and Q and A with the host athlete you have the choice of doing a time trial against the GB Medallist on the enclosed road circuit or take part in a pursuit competition against a rider who was adjacent to your flying lap.

This ensures a fun, exciting afternoon with no waiting around and is proving to be popular with those who have endured day long corporate events. Midweek dates only, all equipment provided, you can bring road bike if you wish.



**BEAT THE MEDALLISTS: ROWING
VIP ROWING CHALLENGE**
EXPERIENCE DAY Hosted by GB Rowers.
Venue: Henley on Thames

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE PP
Sun May 12 th 2024	Henley	£90	£135
Sun Sept 15 th 2024	Henley	£90	£135
Sun Sept 29 th 2024	Henley	£90	£135

CAN YOU BEAT THE GB ROWING MEDALLISTS? VIP ROWING CHALLENGE

With Paris 2024 looming large this unique challenge gives you the chance to row at Henley and pits your boat of three against the attending GB Rowers. You will be welcomed by the GB Rowers who then will take to the water and lay down the sprint time to beat over 250 metres. The participants split into two groups both doing the following during the session. The experience starts with the attending Gold Medallist hosting an entertaining Q and A, which will give you an insight what it takes to reach the highest levels in the sport of rowing. You will then be introduced to life as an elite rower. If required, initial coaching will be done on the rowing machines where advice on techniques will be given. Then to the boat shed where the boat familiarisation will take place.

Quadruple sculls will then take to the water complete with a GB Rower in each boat and each crew will have a 40-minute session on the water followed by the timed sprint. Of course, if you lose you can blame them. Throughout the experience the chance to talk all things Olympic with the athletes and if already a keen rower, drain them for tips and advice. Your experience ends with another Q and A. Additional guests are welcome to watch proceedings throughout the day and to attend the Q and A and photo session with the rowers. Your auction donation will give you your initial time bonuses to help Beat the Medallist. The GB Rowers will be in touch pre-event to outline how you can get friends, colleagues, and family to help generate more time bonuses if you wish to get them to support you and the good cause. As for the day itself, spectators are welcome and its open to rowers aged 13 years and above with dates to choose from each Spring and Autumn.



**BE A SUPERSTAR PARENT SEND YOUR KIDS HOCKEY
TEAM TO TAKE ON THE GB TEAM**
Hosted by GB Hockey Olympians.
Venue: London Lee Valley
Time: Afternoon 12pm onwards

DATES	VENUE	ENTRY FEE PER TEAM	MINIMUM RESERVE PRICE
Sunday 7 th April 24	Lee Valley	£660	£1000
Sunday 8 th Sept 24	Reading HC	£660	£1000

Instant superstar parent status guaranteed as you have the opportunity for your kids Hockey team to meet members of the GB Men’s and Women’s Hockey Team. The afternoon is designed to be a fun day of training drills, Q and A’s and two head to head challenges with the GB Hockey players based on how fast you can hit the ball and the goal shooting challenge with time for some short sided games against other age appropriate players. Are you a secret striker and can find the top corners to score maximal points? Or can you reach speeds of 100kph when hitting the ball at goal? You will be competing in various challenges scoring points for yourself. Wherever you finish, you get a medal placed around your neck by a GB Olympian and a photo signed by the athlete capturing that once in a lifetime moment. The GB Medallists will be in touch pre-event to outline how you can get friends, colleagues, and family to help generate goal and speed bonuses if you wish to get them to support any additional fundraising. The session culminates in an exclusive Q and A with the hosts medal winner to pick their brains about life as a professional athlete and what really goes on at the Olympics. Everyone goes home with exclusive event medals and signed memorabilia from the host athletes plus professional photos to give you an awesome social media timeline.

CHARITY NOTE INDIVIDUAL PLACES can be sold at a cost of £50 plus VAT Please ask for separate text.



**BEAT THE MEDALLIST: WHITE WATER RAFTING
VIP EXPERIENCE DAY**
Hosted by GB Slalom Canoeists.
Venue: Lee Valley White Water Centre
Time: Afternoon 12pm onwards

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Friday May 31 st 2024	Lee Valley	£150	£225
Sunday June 16 th 2024	Lee Valley	£150	£225
TBC Autumn 2024	Lee Valley	£150	£225

As we enter an exciting Olympic year, one of our gold medal winning Slalom Canoeists will be your host for this unique event. This is the awesome thrill-seeking opportunity to go white water rafting down the Olympic Course at Lee Valley and see if you and your raft can Beat the Medallist course record. In Spring 2024; a group of GB Canoeists and Raft Guides are going to set a course record for your raft to attempt to beat on the day and enter the Legacy 300 Rafting Hall of Fame. The day starts with an insight from one of the GB Athletes on their medal success, you also get to pose for photos that are printed and signed for a unique souvenir. Then we had you over to your guides. After safety briefing and swimming practice throughout the afternoon you will have another 80 minutes of exhilarating rafting fun. You will go through a variety of runs on the course, including three fast runs, one timed for the chance to Beat the Medallist possible medal glory. Other runs involve other aspects of rafting on rapid waters, leaving you with an experience that provides a great work out. Wherever you finish, you get a souvenir signed by an actual GB gold medallist and a photo signed by the athlete capturing that once in a lifetime moment. Your donation tonight will give you your initial time bonuses. The GB Medallist will be in touch pre-event to outline how you can get friends, colleagues and family to help generate more time bonuses if you wish to get them to support you and the good cause. As for the day itself, spectators are welcome and its open to rafters aged 14 years and above with dates to choose from each Autumn and Spring.



YOU VERSUS THE PRO: A BEAT THE MEDALLIST CHALLENGE
Hosted by active ex international county cricketers
Venue: Sixes Cricket Fitzrovia / Brighton (TBC) / Birmingham (TBC)
Time: March / October 2024

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Thursday 7 th March	Fitzrovia	£90	£135

Calling all [#cricket](#) legends. The chance to take on International Cricketers in a unique indoor challenge at Sixes Cricket Fitzrovia on 7th March 2024. The experience is to spend a social evening with one of two ex-England internationals, in the heart of the West End of London, Fitzrovia. No need to bring your expensive bat, as we have one provided for you. Contenders take turns to test their batting skills against a series of balls, bowled by a virtual bowler. The aim of the game is to score as high a score as possible by striking the numbered targets around the nets. Fast-paced, high octane and completely uniting, guests will be cheering from the side of the nets as they watch scores appear on the overall leaderboard! You will be supplied with food and drink during the evening, but also take part in this four over indoor challenge trying to score more runs than the host pro cricketer. There are bonus runs to be had linked to fundraising. Every £10 raised gives you one run bonus in your head to head against the Pro in our cricket 'Beat the Medallist' challenge. The evening event starts at 7pm and comes complete with three house drinks, and lots of food plus a Q and A with the host.

SECTION TWO: EXCLUSIVE EXPERIENCES WITH GB OLYMPIANS

HNV INDIVIDUALS PARTICIPATING ALONGSIDE PEOPLE THEY KNOW

Corporates or small groups on exclusive days with MEDALLISTS, this is proving popular with the reassurance that they are participating with people they know.

CORPORATE TEAM ENTRIES www.legacy300.com/corporates

These experience descriptions can be tweaked to encourage people to compete in their choice of Industry Series for your charity.

BEAT THE MEDALLIST CHALLENGES:

To encourage individual participants to fundraise for your cause, each exclusive experience will have the Beat the Medallist challenge element.

This is making for great CSR Team Building Events (A SEPERATE BROCHURE IS AVAILABLE).

DATES: At the mutual convenience of all parties.



EXCLUSIVE ROWING FOR SIX PEOPLE

Rowing with a member of the GOLD Medal Men's Eight Boat

Venue: Nearest to purchaser and rower.

Dates: Mutually convenient dates in 2024

NOTES FOR YOU

MUTUAL DATES	VENUE	ENTRY FEE	SUGGESTED MINIMUM RESERVE
2024	Mutual subject to facilities	£1200	£1800

This fun experience is the unique opportunity for you and up to five sports' mad friends or family to row alongside a GB gold medallist at a date and venue of mutual convenience. These rowing days are being staged to help raise money for good causes as part of the Legacy 300 initiative, in return you will have the chance to participate in a VIP Day and support our good cause

This three-hour experience tailored to your fitness levels, you will meet at a boat club where you will be welcomed by the GB Gold Medallist, who through anecdotes on their career and your chance to ask questions will introduce you to life as an elite rower. Initial coaching will be done on the rowing machines where advice on techniques will be given.

The GB Rowers have established a 250-metre course record on a previous charity day in September 2022, the plan is for you to try and beat it – with the full-on help of the host GB Rower.

A quadruple scull will take to the water complete with the gold medallist and will have a training session on the water culminating in the timed sprint. The GB Medallist will be in touch pre-event to outline how you can get friends, colleagues, and family to help generate time bonuses to enable you to beat that time.

The experience is for a minimum of three, maximum of six people. Additional non-rowing guests are welcome to watch proceedings throughout the day and of course get their photos taken with the Athlete and the medal.



EXCLUSIVE WHITE-WATER RAFTING FOR EIGHT PEOPLE WITH A GB GOLD MEDALLIST:

Venue: Nearest to winning bidder. Glasgow, Cardiff, London & Nottingham.
Dates: Mutually convenient dates in 2024

MUTUAL DATES	MUTUAL VENUE	LEGACY 300 ENTRY FEE	SUGGESTED MINIMUM RESERVE
2024	Lee Valley Nottingham Cardiff Glasgow	£1400	£2100

This is the awesome thrill-seeking opportunity to go white water rafting down the Olympic Course at Lee Valley; the scene of the 2012 medal rush for the GB Canoeists. Other equally challenging venues in Cardiff, Glasgow and Nottingham are also available to the winning bidder.

These rafting days are being staged to help raise money for good causes as part of the Legacy 300 initiative, in return you will have the chance to participate in a VIP Day and support our good cause.

The day starts with an insight from one of the GB Athletes on their medal success. Then we had you over to your guides. After safety briefing and swimming practice throughout the afternoon you will have another 80 minutes of exhilarating rafting fun.

The GB Slalom Canoeists and Raft Guides have established a course record on a previous charity day, the plan is for you to try and beat it – with the full-on help of the host GB Slalom Canoeist and Raft Guide.

This task is aided by the fundraising everyone can do for our good cause, as they receive Time Bonuses linked to how much they raise. If you are happy to take on this challenge, the Gold Medallist will be in touch to explain how you can get friends, colleagues, and family to help generate time bonuses to enable you to beat that time. This is proving to be an ideal afternoon for team building and adrenaline junkies alike, you also get to meet a GB Gold Medallist. You will be joined on your runs down the course by the GB Athlete.

All participants must be confident swimmers, over 14 years of age and under 18 stone. Additional guests are welcome to watch.

CORPORATE CYCLING

We have various options available to your Charity, which is covered in a separate brochure.



EXCLUSIVE TRACK CYCLING HOSTED BY A GB CYCLING GOLD MEDALLIST: UP TO 16 PEOPLE

Venue: London / Manchester / Newport / Glasgow / Derby
Dates: Various in 2024 of mutual agreement between cyclist and purchaser

An exclusive VIP session hosted by a GB Cycling Medallist is available for your corporate supporters the venue, date and athlete are entirely at their discretion.

COST VARIES PER VELODROME:

- £230 + vat per head based on 16 pax.
- It will be less if delivered in additional multiples of 16.
- Best course of action is if anyone is interested in this, for you to contact the team on david@legacy300.com and let us know which velodrome and we can quote up for you.



EXCLUSIVE ROAD CYCLING HOSTED BY A GB CYCLING GOLD MEDALLIST: UP TO 16 PEOPLE

Venue: Various
Dates: Various in 2024 of mutual agreement between cyclist and purchaser

Price per person £180

As per Individual experiences on Page 3, the chance to do exclusive experiences all with the opportunity for participants to Beat the Medallist in timed challenges on each day.



PLATINUM VIP PACKAGE HOSTED BY A GB CYCLING GOLD MEDALLIST: UP TO 16 PEOPLE

Venue: Various
Dates: Various in 2024 of mutual agreement between cyclist and purchaser

Cost £325 PER PERSON Extended afternoon containing a second cycling session on Track or Road.

Best course of action is if anyone is interested in this, for you to contact the team on david@legacy300.com and let us know which velodrome and we can write this up for you.

Follows: Team Events for Corporate Team Building.

SECTION THREE:

INSPIRING TEAM COMPETITIONS

Ideal for Corporate Team Building: BEAT THE MEDALLIST CHALLENGES:

To encourage individual participants to fundraise for your cause, each exclusive experience will have the Beat the Medallist challenge element. Creating inter-company championships is making great CSR Team Building Events



COMPANY / CHARITY WITH EX ENGLAND INTERNATIONALS

In association with the PCA Masters

Venue: Purchaser gets to choose
 Dates: Various in Spring / Summer 2024
 Time: Daytime Midweek
 Minimum: Four sqUads / Max Eight

DATE	VENUE	ENTRY FEE PER TEAM	MINIMUM RESERVE
MAY 2024 onwards	Various in England	£900	£1,300

The chance to play against, alongside and mingle with an ex England test cricketer in a fun eight-a-side cricket competition. These cricket days are being staged to help raise money for good causes as part of the Legacy 300 initiative, in return you will have the chance to participate in a VIP day and support our good cause (insert a line or two about the programmes that need funding). There will be built in photo breaks for the event photographer and yourself to get pictures with the ex England cricketers, and over your tea break there will be a Q and A with the attending cricketers giving an insight into their careers and thoughts on the cricket topics of the day. You will have a minimum of four matches during the day, and it is designed to be an away day for your office, with room at each venue to do your own social thing. Your squad will be joined in one match by your allocated cricketer, you can also list ten batters but only have eight fielders (we will explain later). Each match will be 7 overs the event is rounded off with the medal ceremony performed by the cricketers and obviously a further chance to enhance your social media timeline. **The ratio is one England Cricketer for four squads, but we can quote at cost additional cricketers**

Other costs:

NETBALL:	LOCATIONS	ENTRY FEE PER TEAM	MINIMUM
MARCH 2024	Various	£1000	
		£3400 + VAT (8 Squads)	£1000
FOOTBALL:			
MARCH 2024	onwards	Various	
		£3000 + VAT (4 Squads)	£1000
		£6000 + VAT (8 Squads)	£1000
TOUCH RUGBY:			
MARCH 2024	onwards	Various	
		£3000 + VAT (4 Squads)	£1000
		£6000 + VAT (8 Squads)	£1000

Please contact Legacy 300 and we can put a quote and proposal together for you. Contact us on david@legacy300.com.



COMPANY / CHARITY ROWING REGATTA WITH GB ROWERS

Olympians AND post event reception

Venue: Various

Dates: Various Dates Autumn 2024 onwards

Time: Evening 5.30pm onwards

This experience is the unique opportunity to Row alongside a GB Olympian, past, present and no doubt future. Meet at the boat club where you will be welcomed by the GB Rowers and introduced to life as an elite rower. Initial coaching will be done on the rowing machines where advice on techniques will be given. Then to the boat shed where the boat familiarisation will take place. The GB Rowers will then set a time on the day, which as part of Beat the Medallist project lends itself to additional fundraising by participants to help them surpass the time.

Your team of three accompanied by a GB Olympian in each race will then take part in four short races over the evening to determine the medallists. Each crew will have at least one race with the GB Olympians. The evening will be rounded off with the Medal Ceremony Party attended by the Rowers. <https://vimeo.com/589894766>

NOTES FOR FUNDRAISING TEAM

- This only works with a fixed price on the night our entry fee is **£600 per boat of three.**
- **Maximum of nine boat crews can be accommodated.**
- **Minimum of six will need to be sold to create your own day.**
- Any lower units of sales will be placed into the existing VIP Days, (see Individual Experiences).
- These can also be arranged for **Henley / Bristol and Manchester: Please contact me for any further details.**



COMPANY / CHARITY BEACH VOLLEYBALL WITH GB WOMEN'S SQUAD

Olympians AND post event reception

Venue: Barn Elms; Barnes; London / Lee Valley White Water Centre.

Dates: June / July 2024

Time: Evening 5.30pm – 8.30pm

After a Warm-Up and Introduction to the sport, the four teams are placed into a Round Robin Tournament with three to five group matches, followed by a Medal Match. Up to six members of the team can be on court at any one time, and each team will be joined during the group matches by a member of the GB Women's Beach Volleyball Olympic Squad as player captain. Each match will be 15 minutes with the Medal Match 20 minutes and the evening is rounded off with the medal ceremony party attended by the athletes.

NOTES FOR FUNDRAISING TEAM

- This only works with a fixed price on the night we require an entry fee of **£450 per team.**
- **Maximum of 6 teams can be accommodated.**
- **Minimum of four will need to be sold to create your own day.**
- Any lower units of sales will be placed into the existing random tournament days.
- These can also be arranged for **Bristol, Brighton, Bournemouth Please contact me for any further details.**



**CYCLING TEAM OPTIONS:
TRACK / ROAD / MOUNTAIN
VARIOUS VENUES**

EXCLUSIVE SESSIONS 16 PAX PLUS

Any of the Cycling Experiences can be adapted easily into Team Competitions. Please contact for details.