



**COST FREE FUNDRAISING SINCE 2012: £600k RAISED IN DONATIONS**

**Dear Fundraising Team**

**WHO WE ARE:**

Legacy 300 is an athlete led purpose movement which since 2012 has as of 11/11/2023 raised over £600K in direct donations to good causes through the staging of experience days, hosted by GB Olympic Gold Medallists. The project is detailed on [www.legacy300.com/about-us](http://www.legacy300.com/about-us) and the photo albums of [www.facebook.com/legacy300](https://www.facebook.com/legacy300).

**AUCTION: COST FREE / RISK FREE FUNDRAISING: HOW IT WORKS:**

In the first eleven years of delivering [Legacy 300](#), experience days good causes have received **£600,650** in direct donations from participants on limited edition individual and team challenge Athlete Experiences they have placed in their auction platforms.

- There is no initial outlay required just cut and paste the experience text and images onto your auction platform.
- For every winning bidder Legacy 300 require a fixed price per person to deliver the event "Entry Fee".
- **You only forward entry fees to us once you have received them. from participants. Everything received above our entry fee goes to you the good cause.** We have given some suggested minimum reserve prices for you to carry forward.
- Simply provide us the contact details and we deliver the experience for them on the date for them.
- The details of the experiences to cut and paste follows in this brochure.

**BEAT THE MEDALLIST © INCENTIVISING SECONDARY FUNDRAISING:**

- We are adding FUNDRAISING CHALLENGES to each event making these experiences unique auction items giving you a potential secondary dividend.
- The host Athlete will establish a time / target on the day for people to try and surpass.
- In addition to any contribution made above and beyond the entry fee by the participant they can encourage friends, family, and colleagues to support them in their quest to Beat the Medallist.
- The first events saw this range from £265-£655 in extra donations on top of what was raised at auction.
- Fundraising will GENERATE BONUSES, giving people the chance to Beat the Medallist.
- This will be by donation page and a general event specific Buy Now auction of sporting and lifestyle memorabilia and experiences.
- **If using these solely as challenge events we have a separate brochure, please contact us.**

**ENGAGING SUPPORTERS TO TAKE PART IN SPORTING COMPETITION IN THE #TEAM GAMES**

- If you are looking for an impactful **auction item** for your corporate team or Individuals see page 7 to 11 of the attached. There is an additional Cycling Brochure, which can be forwarded on request.

Kind Regards

David Cotton

LEGACY 300 / One Sporting World / Legacy Industry Series / Beat the Medallists / #Team Games

**INDEX OF INDIVIDUAL EXPERIENCES:**

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**PAGE 6:** Rafting / Cricket

**INDEX OF GROUP / CORPORATE EXPERIENCES**

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## CREATE YOUR OWN CHARITY EVENTS VIA AUCTION

- No cost
- No risk
- No obligation on numbers (shared experience days).
- No additional event workload

### INDIVIDUALS:

Our planned shared experience days, which have run since 2012, give you the chance for you to create VIP hosted sports events from your planned auction.

### CORPORATES:

Naturally competitive in business you can create Industry / Sector / Charity themed competitions, as you ask those present to represent or put forward their best Cyclists, Footballers, Cricketers etc to do battle where additional fundraising for you gives them sporting advantages.

### FIXED PRICE ENTRY FEE

Using a fixed price BUY NOW auction has always worked well live as you get everyone in the room wishing to do the event, this proposal gives you a dividend through the auction, it will also through our patented sporting rewards format encourage participants to generate further fundraising from colleagues, friends and family as they seek a competitive edge in the championships.

### Example TRACK CYCLING CHAMPIONSHIP 2024

#### Recommended selling price £430+VAT per person

- Participants to buy places from the auction.
- Mailout / Social media posts to Corporates attending the event can promote this pre auction.
- Cost to you for each place sold is £230+ VAT / Charge supporters at your discretion (see secondary fundraising) only buy entries when sold.
- We can take up to 16 people for any session and can run your own championships with whatever entries we receive.

#### THREE COMPETITIONS WITHIN THE SESSION. Each participants Flying Lap will give them the chance to win...

- Individual
- Corporate Team (Two best times per corporate)
- Beat the Medallist (Head to Head with the GB Gold Medallist).

The last two competitions will see time off bonuses linked to how

For further information and other innovative (risk free suggestions) visit

[www.legacy30.com/blog](http://www.legacy30.com/blog)

## SECTION ONE: INSPIRING INDIVIDUAL SHARED EXPERIENCES AND DAUNTING CHALLENGES



### CAN YOU BEAT THE GB MEDALLIST? VIP TRACK CYCLING CHALLENGE

EXPERIENCE DAY Hosted by a GB Gold Medal Winning Track Cyclist.

Venue: London: Lee Valley Velo Park :

Date Spring 2024 / Autumn 2024

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
22 <sup>nd</sup> November 2023	Lee Valley Velo Park London	£275	£400
20 <sup>th</sup> March 2024	Lee Valley Velo Park London	£275	£400
TBC May 2024	Lee Valley Velo Park London	£275	£400
TBC September 2024	Lee Valley Velo Park London	£275	£400
TBC October 2024	Lee Valley Velo Park London	£275	£400

Other dates added subject to demand.

### BEAT THE MEDALLIST? VIP TRACK CYCLING CHALLENGE

EXPERIENCE DAY Hosted by a GB Gold Medal Winning Track Cyclist.

*In this Olympic year, whether you have previously ridden this iconic Velodrome, no velodrome cycling challenge quite matches Beat the Medallist. Your unique chance to race against the time set by a GB Gold Medallist. Your experience lasts three hours with all equipment provided, you get an intensive training session under the guidance of the expert coaches and the 75 minute track session culminates in a fun competition, and your unique chance to beat the time set on the day by the host Gold Medallist. Your own 250 metre dash for glory generates your name on the Olympic scoreboards your bid today **gives you time bonuses to help Beat the Medallist.***

*Wherever you finish, you get a medal placed around your neck by an actual Gold Medallist and a photo signed by the athlete capturing that once in a lifetime moment. The session culminates in a Q and A with the host medal winner. This is an ideal gift for the cycling lover in your life, or teambuilding for groups up to 16 per session. Your donation tonight will give you your initial time bonuses, pre-event you can even get friends and family to further help your attempt to Beat the Medallist.*

*Expected hosts in 2024 include Katie Archibald, Jack Carlin, Ethan Hayter, Matt Walls and other members of the GB Squad aiming for Paris 2024 each detailing with candour the highs and lows of professional sport as you enjoy the buffet. Everyone goes home with exclusive event medals and signed memorabilia from the host athlete plus professional photos to give you an awesome social media timeline.*

**PROMO VIDEO** to be played at Auction or on social media <https://vimeo.com/330031643>

**PLEASE SEE PAGE 4 AS THIS CAN BE USED IN A BUNDLE OF CYCLING OPTIONS TO MAXIMISE YOUR AUCTION RETURN**



## BEAT THE MEDALLISTS: ROAD CYCLING AND TIME TRIAL VIP CYCLING CHALLENGE

EXPERIENCE DAY Hosted by GB Cycling Medallist

Venue: Lee Valley Velo Park

Time: Afternoon 12pm onwards Spring 2024 / Autumn 2024

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Spring 2024	Lee Valley Velo Park:	£180	£270
Autumn 2024	Lee Valley Velo Park:	£180	£270

A ride out across the Olympic Park in the company of a GB Gold Medallist as part of a group of 16, then after this warm -p and a few coaching tips we get a time trial competition up and running, with the medallist setting a time to beat. Wherever you finish, you get a medal placed around your neck by an actual Gold Medallist and a photo signed by the athlete capturing that once in a lifetime moment. The session culminates in a Q and A with the host medal winner. This is an ideal gift for the cycling lover in your life, or teambuilding for groups' up to 16 per session. Your donation tonight will give you your initial time bonuses, pre-event you can even get friends and family to further help your attempt to Beat the Medallist. Expected hosts in 2024 include World Champions Emma Finucane and Will Tidball, Joe Truman, Charlie Tanfield, and other members of the GB Squad each detailing with candour the highs and lows of professional sport as you enjoy the buffet. Everyone goes home with exclusive event medals and signed memorabilia from the host athlete plus professional photos to give you an awesome social media timeline.



## BEAT THE MEDALLISTS: PLATINUM VIP CYCLING CHALLENGE

TRACK : Q AND A : ROAD OR AUSSIE SCRAMBLE

EXPERIENCE DAY Hosted by GB Cycling Medallist

Venue: Lee Valley Velo Park Time: Afternoon 12pm onwards

### TRACK / Q AND A / ADVANCED TRACK OR ROAD

- 1<sup>st</sup> Session Track Cycling Flying Lap
- 2<sup>nd</sup> Session Q and A with Host Athlete for rest
- 3<sup>rd</sup> Session Team Track Pursuit / Aussie Scramble OR Road Circuit

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Spring 2024	Lee Valley Velo Park:	£360	£540
Autumn 2024	Lee Valley Velo Park:	£360	£540

An extended VIP afternoon with the GB Gold Medallist which adds another cycling session to the VIP Experience. In this Olympic year, whether you have previously ridden this iconic Velodrome, no velodrome cycling challenge quite matches Beat the Medallist. Your unique chance to race against the time set by a GB Gold Medallist on the Track and if chosen, the Road. Your experience lasts just under five hours with all equipment provided, you get an intensive training session under the guidance of the expert coaches and the 75 minute cycling sessions culminate in a fun competition, including your unique chance to beat the time set on the day by the host Gold Medallist. Fundraising through your own personal donation page affords you the bonuses to help Beat the Medallist.

*Your own 250 metre dash for glory generates your name on the Olympic scoreboards. After the medal ceremony and Q and A with the host athlete you have the choice of doing a time trial against the GB Medallist on the enclosed road circuit or take part in a pursuit competition against a rider who was adjacent to your flying lap.*

*This ensures a fun, exciting afternoon with no waiting around and is proving to be popular with those who have endured day long corporate events. Midweek dates only, all equipment provided, you can bring road bike if you wish.*



**BEAT THE MEDALLISTS: ROWING  
VIP ROWING CHALLENGE**  
EXPERIENCE DAY Hosted by GB Rowers.  
Venue: Henley on Thames

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE PP
Sun May 12 <sup>th</sup> 2024	Henley	£90	£135
Sun Sept 15 <sup>th</sup> 2024	Henley	£90	£135
TBC October 2024	Henley	£90	£135

**CAN YOU BEAT THE GB ROWING MEDALLISTS? VIP ROWING CHALLENGE**

With Paris 2024 looming large this unique challenge gives you the chance to row at Henley and pits your boat of three against the attending GB Rowers. You will be welcomed by the GB Rowers who then will take to the water and lay down the sprint time to beat over 250 metres. The participants split into two groups both doing the following during the session. The experience starts with the attending Gold Medallist hosting an entertaining Q and A, which will give you an insight what it takes to reach the highest levels in the sport of rowing. You will then be introduced to life as an elite rower. If required, initial coaching will be done on the rowing machines where advice on techniques will be given. Then to the boat shed where the boat familiarisation will take place.

Quadruple sculls will then take to the water complete with a GB Rower in each boat and each crew will have a 40-minute session on the water followed by the timed sprint. Of course, if you lose you can blame them. Throughout the experience the chance to talk all things Olympic with the athletes and if already a keen rower, drain them for tips and advice. Your experience ends with another Q and A. Additional guests are welcome to watch proceedings throughout the day and to attend the Q and A and photo session with the rowers. Your auction donation will give you your initial time bonuses to help Beat the Medallist. The GB Rowers will be in touch pre-event to outline how you can get friends, colleagues, and family to help generate more time bonuses if you wish to get them to support you and the good cause. As for the day itself, spectators are welcome and its open to rowers aged 13 years and above with dates to choose from each Spring and Autumn.



**BE A SUPERSTAR PARENT SEND YOUR KIDS HOCKEY  
TEAM TO TAKE ON THE GB TEAM**  
Hosted by GB Hockey Olympians.  
Venue: London Lee Valley / Bristol /  
Time: Afternoon 12pm onwards

DATES	VENUE	ENTRY FEE PER TEAM	MINIMUM RESERVE PRICE
Sunday 7 <sup>th</sup> April 24	Lee Valley	£660	£1000

*Instant superstar parent status guaranteed as you have the opportunity for your kids Hockey team to meet members of the GB Men’s and Women’s Hockey Team. The afternoon is designed to be a fun day of training drills, Q and A’s and two head to head challenges with the GB Hockey players based on how fast you can hit the ball and the goal shooting challenge with time for some short sided games against other age appropriate players. Are you a secret striker and can find the top corners to score maximal points? Or can you reach speeds of 100kph when hitting the ball at goal? You will be competing in various challenges scoring points for yourself. Wherever you finish, you get a medal placed around your neck by a GB Olympian and a photo signed by the athlete capturing that once in a lifetime moment. The GB Medallists will be in touch pre-event to outline how you can get friends, colleagues, and family to help generate goal and speed bonuses if you wish to get them to support any additional fundraising. The session culminates in an exclusive Q and A with the hosts medal winner to pick their brains about life as a professional athlete and what really goes on at the Olympics. Everyone goes home with exclusive event medals and signed memorabilia from the host athletes plus professional photos to give you an awesome social media timeline.*

**CHARITY NOTE INDIVIDUAL PLACES can be sold at a cost of £50 plus VAT Please ask for separate text.**



## BEAT THE MEDALLIST: WHITE WATER RAFTING VIP EXPERIENCE DAY

Hosted by GB Slalom Canoeists.

Venue: Lee Valley White Water Centre

Time: Afternoon 12pm onwards

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Friday May 10 <sup>th</sup> 2024	Lee Valley	£150	£225
Friday May 31 <sup>st</sup> 2024	Lee Valley	£150	£225
Sunday June 16 <sup>th</sup> 2024	Lee Valley	£150	£225
TBC Autumn 2024	Lee Valley	£150	£225

As we enter an exciting Olympic year, one of our gold medal winning Slalom Canoeists will be your host for this unique event. This is the awesome thrill-seeking opportunity to go white water rafting down the Olympic Course at Lee Valley and see if you and your raft can Beat the Medallist course record. In Spring 2024; a group of GB Canoeists and Raft Guides are going to set a course record for your raft to attempt to beat on the day and enter the Legacy 300 Rafting Hall of Fame. The day starts with an insight from one of the GB Athletes on their medal success, you also get to pose for photos that are printed and signed for a unique souvenir. Then we had you over to your guides. After safety briefing and swimming practice throughout the afternoon you will have another 80 minutes of exhilarating rafting fun. You will go through a variety of runs on the course, including three fast runs, one timed for the chance to Beat the Medallist possible medal glory. Other runs involve other aspects of rafting on rapid waters, leaving you with an experience that provides a great work out. Wherever you finish, you get a souvenir signed by an actual GB gold medallist and a photo signed by the athlete capturing that once in a lifetime moment. Your donation tonight will give you your initial time bonuses. The GB Medallist will be in touch pre-event to outline how you can get friends, colleagues and family to help generate more time bonuses if you wish to get them to support you and the good cause. As for the day itself, spectators are welcome and its open to rafters aged 14 years and above with dates to choose from each Autumn and Spring.



## YOU VERSUS THE PRO: A BEAT THE MEDALLIST CHALLENGE

Hosted by active ex international county cricketers

Venue: Sixes Cricket Fitzrovia / Brighton (TBC) / Birmingham (TBC)

Time: March / October 2024

DATES	VENUE	ENTRY FEE PER PERSON	MINIMUM RESERVE PRICE
Thursday 7 <sup>th</sup> March	Fitzrovia	£90	£135

Calling all [#cricket](#) legends. The chance to take on International Cricketers in a unique indoor challenge at Sixes Cricket Fitzrovia on 7th March 2024. The experience is to spend a social evening with one of two ex-England internationals, in the heart of the West End of London, Fitzrovia. No need to bring your expensive bat, as we have one provided for you. Contenders take turns to test their batting skills against a series of balls, bowled by a virtual bowler. The aim of the game is to score as high a score as possible by striking the numbered targets around the nets. Fast-paced, high octane and completely uniting, guests will be cheering from the side of the nets as they watch scores appear on the overall leaderboard! *You will be supplied with food and drink during the evening, but also take part in this four over indoor challenge trying to score more runs than the host pro cricketer. There are bonus runs to be had linked to fundraising. Every £10 raised gives you one run bonus in your head to head against the Pro in our cricket 'Beat the Medallist' challenge. The evening event starts at 7pm and comes complete with three house drinks, and lots of food plus a Q and A with the host.*

# SECTION TWO: EXCLUSIVE EXPERIENCES WITH GB OLYMPIANS

## **HNV INDIVIDUALS PARTICIPATING ALONGSIDE PEOPLE THEY KNOW**

Corporates or small groups on exclusive days with MEDALLISTS, this is proving popular with the reassurance that they are participating with people they know.

## **CORPORATE TEAM ENTRIES [www.legacy300.com/corporates](http://www.legacy300.com/corporates)**

These experience descriptions can be tweaked to encourage people to compete in their choice of Industry Series for your charity.

## **BEAT THE MEDALLIST CHALLENGES:**

To encourage individual participants to fundraise for your cause, each exclusive experience will have the Beat the Medallist challenge element.

**This is making for great CSR Team Building Events (A SEPERATE BROCHURE IS AVAILABLE).**

**DATES:** At the mutual convenience of all parties.



## **EXCLUSIVE ROWING FOR SIX PEOPLE**

*Rowing with a member of the GOLD Medal Men's Eight Boat*

**Venue:** Nearest to purchaser and rower.

**Dates** Mutually convenient dates in 2024

## **NOTES FOR YOU**

<b>MUTUAL DATES</b>	<b>VENUE</b>	<b>ENTRY FEE</b>	<b>SUGGESTED MINIMUM RESERVE</b>
2024	Mutual subject to facilities	£1200	£1800

This fun experience is the unique opportunity for you and up to five sports' mad friends or family to row alongside a GB gold medallist at a date and venue of mutual convenience. These rowing days are being staged to help raise money for good causes as part of the Legacy 300 initiative, in return you will have the chance to participate in a VIP Day and support our good cause

This three-hour experience tailored to your fitness levels, you will meet at a boat club where you will be welcomed by the GB Gold Medallist, who through anecdotes on their career and your chance to ask questions will introduce you to life as an elite rower. Initial coaching will be done on the rowing machines where advice on techniques will be given.

The GB Rowers have established a 250-metre course record on a previous charity day in September 2022, the plan is for you to try and beat it – with the full-on help of the host GB Rower.

A quadruple scull will take to the water complete with the gold medallist and will have a training session on the water culminating in the timed sprint. The GB Medallist will be in touch pre-event to outline how you can get friends, colleagues, and family to help generate time bonuses to enable you to beat that time.

The experience is for a minimum of three, maximum of six people. Additional non-rowing guests are welcome to watch proceedings throughout the day and of course get their photos taken with the Athlete and the medal.



**EXCLUSIVE WHITE-WATER RAFTING FOR EIGHT PEOPLE WITH A GB GOLD MEDALLIST:**

**Venue:** Nearest to winning bidder. Glasgow, Cardiff, London & Nottingham.  
**Dates:** Mutually convenient dates in 2024

<b>MUTUAL DATES</b>	<b>MUTUAL VENUE</b>	<b>LEGACY 300 ENTRY FEE</b>	<b>SUGGESTED MINIMUM RESERVE</b>
2024	Lee Valley Nottingham Cardiff Glasgow	£1400	£2100

This is the awesome thrill-seeking opportunity to go white water rafting down the Olympic Course at Lee Valley; the scene of the 2012 medal rush for the GB Canoeists. Other equally challenging venues in Cardiff, Glasgow and Nottingham are also available to the winning bidder.

These rafting days are being staged to help raise money for good causes as part of the Legacy 300 initiative, in return you will have the chance to participate in a VIP Day and support our good cause.

The day starts with an insight from one of the GB Athletes on their medal success. Then we had you over to your guides. After safety briefing and swimming practice throughout the afternoon you will have another 80 minutes of exhilarating rafting fun.

The GB Slalom Canoeists and Raft Guides have established a course record on a previous charity day, the plan is for you to try and beat it – with the full-on help of the host GB Slalom Canoeist and Raft Guide.

This task is aided by the fundraising everyone can do for our good cause, as they receive Time Bonuses linked to how much they raise. If you are happy to take on this challenge, the Gold Medallist will be in touch to explain how you can get friends, colleagues, and family to help generate time bonuses to enable you to beat that time. This is proving to be an ideal afternoon for team building and adrenaline junkies alike, you also get to meet a GB Gold Medallist. You will be joined on your runs down the course by the GB Athlete.

All participants must be confident swimmers, over 14 years of age and under 18 stone. Additional guests are welcome to watch.



# CORPORATE CYCLING

We have various options available to your Charity, which is covered in a separate brochure.



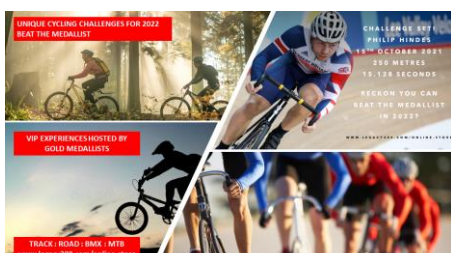
## EXCLUSIVE TRACK CYCLING HOSTED BY A GB CYCLING GOLD MEDALLIST: UP TO 16 PEOPLE

**Venue:** London / Manchester / Newport / Glasgow / Derby  
**Dates:** Various in 2024 of mutual agreement between cyclist and purchaser

An exclusive VIP session hosted by a GB Cycling Medallist is available for your corporate supporters the venue, date and athlete are entirely at their discretion.

### COST VARIES PER VELODROME:

- £230 + vat per head based on 16 pax.
- It will be less if delivered in additional multiples of 16.
- Best course of action is if anyone is interested in this, for you to contact the team on [david@legacy300.com](mailto:david@legacy300.com) and let us know which velodrome and we can quote up for you.



## EXCLUSIVE ROAD CYCLING HOSTED BY A GB CYCLING GOLD MEDALLIST: UP TO 16 PEOPLE

**Venue:** Various  
**Dates:** Various in 2024 of mutual agreement between cyclist and purchaser

**Price per person £180**

As per Individual experiences on Page 3, the chance to do exclusive experiences all with the opportunity for participants to Beat the Medallist in timed challenges on each day.



## PLATINUM VIP PACKAGE HOSTED BY A GB CYCLING GOLD MEDALLIST: UP TO 16 PEOPLE

**Venue:** Various  
**Dates:** Various in 2024 of mutual agreement between cyclist and purchaser

Cost £325 PER PERSON Extended afternoon containing a second cycling session on Track or Road.

Best course of action is if anyone is interested in this, for you to contact the team on [david@legacy300.com](mailto:david@legacy300.com) and let us know which velodrome and we can write this up for you.

**Follows: Team Events for Corporate Team Building.**

## SECTION THREE:

# INSPIRING TEAM COMPETITIONS

### Ideal for Corporate Team Building: BEAT THE MEDALLIST CHALLENGES:

To encourage individual participants to fundraise for your cause, each exclusive experience will have the Beat the Medallist challenge element. Creating inter-company championships is making great CSR Team Building Events



### COMPANY / CHARITY WITH EX ENGLAND INTERNATIONALS

#### In association with the PCA Masters

Venue: Purchaser gets to choose  
 Dates: Various in Spring / Summer 2024  
 Time: Daytime Midweek  
 Minimum: Four sqUads / Max Eight

DATE	VENUE	ENTRY FEE PER TEAM	MINIMUM RESERVE
MAY 2024 onwards	Various in England	£900	£1,300

The chance to play against, alongside and mingle with an ex England test cricketer in a fun eight-a-side cricket competition. These cricket days are being staged to help raise money for good causes as part of the Legacy 300 initiative, in return you will have the chance to participate in a VIP day and support our good cause (insert a line or two about the programmes that need funding). There will be built in photo breaks for the event photographer and yourself to get pictures with the ex England cricketers, and over your tea break there will be a Q and A with the attending cricketers giving an insight into their careers and thoughts on the cricket topics of the day. You will have a minimum of four matches during the day, and it is designed to be an away day for your office, with room at each venue to do your own social thing. Your squad will be joined in one match by your allocated cricketer, you can also list ten batters but only have eight fielders (we will explain later). Each match will be 7 overs the event is rounded off with the medal ceremony performed by the cricketers and obviously a further chance to enhance your social media timeline. **The ratio is one England Cricketer for four squads, but we can quote at cost additional cricketers**

### Other costs:

NETBALL:	LOCATIONS	ENTRY FEE PER TEAM	MINIMUM
MARCH 2024	Various	£1000	
		£3400 + VAT (8 Squads)	£1000
<b>FOOTBALL:</b>			
MARCH 2024	onwards	Various	
		£3000 + VAT (4 Squads)	£1000
		£6000 + VAT (8 Squads)	£1000
<b>TOUCH RUGBY:</b>			
MARCH 2024	onwards	Various	
		£3000 + VAT (4 Squads)	£1000
		£6000 + VAT (8 Squads)	£1000

Please contact Legacy 300 and we can put a quote and proposal together for you. Contact us on [david@legacy300.com](mailto:david@legacy300.com).



## COMPANY / CHARITY ROWING REGATTA WITH GB ROWERS

*Olympians AND post event reception*

Venue: Various

Dates Various Dates Autumn 2024 onwards

Time: Evening 5.30pm onwards

This experience is the unique opportunity to Row alongside a GB Olympian, past, present and no doubt future. Meet at the boat club where you will be welcomed by the GB Rowers and introduced to life as an elite rower. Initial coaching will be done on the rowing machines where advice on techniques will be given. Then to the boat shed where the boat familiarisation will take place. The GB Rowers will then set a time on the day, which as part of Beat the Medallist project lends itself to additional fundraising by participants to help them surpass the time.

Your team of three accompanied by a GB Olympian in each race will then take part in four short races over the evening to determine the medallists. Each crew will have at least one race with the GB Olympians. The evening will be rounded off with the Medal Ceremony Party attended by the Rowers. <https://vimeo.com/589894766>

### NOTES FOR FUNDRAISING TEAM

- This only works with a fixed price on the night our entry fee is **£600 per boat of three.**
- **Maximum of nine boat crews can be accommodated.**
- **Minimum of six will need to be sold to create your own day.**
- Any lower units of sales will be placed into the existing VIP Days, (see Individual Experiences).
- These can also be arranged for **Henley / Bristol and Manchester: Please contact me for any further details.**



## COMPANY / CHARITY BEACH VOLLEYBALL WITH GB WOMEN'S SQUAD

*Olympians AND post event reception*

Venue: Barn Elms; Barnes; London / Lee Valley White Water Centre.

Dates June / July 2024

Time: Evening 5.30pm – 8.30pm

After a Warm-Up and Introduction to the sport, the four teams are placed into a Round Robin Tournament with three to five group matches, followed by a Medal Match. Up to six members of the team can be on court at any one time, and each team will be joined during the group matches by a member of the GB Women's Beach Volleyball Olympic Squad as player captain. Each match will be 15 minutes with the Medal Match 20 minutes and the evening is rounded off with the medal ceremony party attended by the athletes.

### NOTES FOR FUNDRAISING TEAM

- This only works with a fixed price on the night we require an entry fee of **£450 per team.**
- **Maximum of 6 teams can be accommodated.**
- **Minimum of four will need to be sold to create your own day.**
- Any lower units of sales will be placed into the existing random tournament days.
- These can also be arranged for **Bristol, Brighton, Bournemouth Please contact me for any further details.**



**CYCLING TEAM OPTIONS:  
TRACK / ROAD / MOUNTAIN  
VARIOUS VENUES**

**EXCLUSIVE SESSIONS 16 PAX PLUS**

Any of the Cycling Experiences can be adapted easily into Team Competitions. Please contact for details.